



RELATED SCRIPTURE PASSAGES:

Listening:
Proverbs 8:32-34;
Matthew 17:5;
John 10:27;
James 1:19

Serving:
Mark 10:45;
Romans 2:13;
Philippians 2:5-7;
James 1:22-24

RELATED CATECHISM OF THE CATHOLIC CHURCH REFERENCES:

Contemplative Prayer:
2709, 2713, 2715-2717

RELATED YOUCAT REFERENCES:

Prayer:
469-470, 490, 493-494, 499, 508

BEGINNING OF HOLINESS

SYNOPSIS

Blessed Mother Teresa's insights on prayer and how it connects us with God are put to simple but beautiful graphics that will inspire.

SUGGESTED USES FOR THIS VIDEO

✠ Use this film to open a prayer service or an event or meeting about prayer. Send it out to your teens as a way to touch base or a mid-week reminder that God wants to spend time with them.

QUESTIONS FOR DISCUSSION

"God speaks to us in the silence of our heart."

1. What does this mean?
2. Is your heart silent?
3. How can you make your heart silent?
4. Why would it be helpful to have silence in our hearts for God to speak to us?

"We speak to God from the fullness of our hearts."

1. Have you ever felt you had so much in your heart that you HAD to speak to God about it?
2. What happened when you did?

Blessed Mother Teresa laid out a very simple progression of prayer:

"First we listen. God speaks and then we speak and God listens."

1. What does she say we should do first?
2. Is this how you pray – listen first?
3. Why do you think she says to listen before we speak?

"(The) fruit of prayer is deepening of faith, and the fruit of faith is love, and the fruit of love is service, and the fruit of service is peace."

1. How does prayer deepen our faith?
2. Why would a deeper faith create more love in us?
3. Why would love compel us to serve?
4. How does service create peace in us?

Blessed Mother Teresa said when we have a clean heart we see God in others and when we see God in others, we want to love and serve them.

1. Why would we want to see God in others? Why is that important?
2. Think of a person who is difficult for you to be patient with, care about, or love. How would things change if you were able to see God in that person?