



RELATED SCRIPTURE PASSAGES:

Freedom:

Psalm 119:45;
1 Corinthians 6:12;
2 Corinthians 3:17;
Galatians 5:13-14

**RELATED CATECHISM OF THE
CATHOLIC CHURCH REFERENCES:**

Article 3—Man's Freedom:

This can be unpacked to deepen an understanding of what real freedom is. Good stuff!

RELATED YOUCAT REFERENCES:

68, 125, 286-287

FREEDOM

SYNOPSIS

Children play on a playground and we see a glimpse of how boundaries make us free.

SUGGESTED USES FOR THIS VIDEO

✠ Use this film when you are discussing freedom, morality, Church teaching, the role of authority within the Church or any other topic that needs an explanation about why "rules" are good for us.

QUESTIONS FOR DISCUSSION

1. When you hear the word "no", what do you think? Feel? Is it a negative word?
2. When you hear the word "boundary", what do you think? Feel? Is it a negative word?
3. When you hear the word "rules", what do you think? Feel? Is it a negative word?
4. Read Genesis 3:1-6. Do you "hear" the words no, boundary, and rule? How did Eve react? What does that tell us about ourselves?
5. Now read Genesis 3:7-13. Compare how Adam and Eve were BEFORE they ignored the rules, boundaries, "no's" to how they were AFTER they did so.
6. When were they more free?
7. Why are boundaries needed? Rules? What purpose do they serve?
8. Why did God put boundaries on Adam and Eve? Why does He put boundaries on us?
9. How about the Church? If we believe She was founded by Jesus and is led by the Holy Spirit, then what does that tell us about Her motives for the boundaries She has set?
10. What is a "no" you hear from the Church that bothers you? Can you look at it with new eyes? Can you see the love behind the boundary? Try praying that the Holy Spirit would change your heart about this boundary.

