SUGGESTED USES FOR THIS VIDEO

Use this film to get your kids talking about how much Jesus loves us and wants to be where we are. It can also be used just before Eucharistic adoration or Mass as a way to focus your youth.

SYNOPSIS

Catholic teens reflect on the profound gift of Jesus in the Eucharist.

QUESTIONS FOR DISCUSSION

1. What do we mean when we say the Eucharist is the “Real Presence”?

2. Why is it important to make that distinction?

3. What does it mean to adore something? How does this apply to Jesus in the Eucharist?

4. Have you ever been to adoration? What was it like? What did you do?

5. How often do you go to adoration? Would you like to go more often? If so, what’s holding you back and how can you overcome that obstacle?

6. Two of the youth in the video pointed out the fact that there are multitudes of other Catholics around the world adoring Jesus in the Eucharist just like they do. What do you think of that?

7. A young man said, “Without the Eucharist I’m not living, I’m merely existing.” What does this mean? Is this your experience? If so, can you share it? If not, should it be?

8. What is unique about adoration that you can’t obtain while praying in your room, car, basement, etc.

9. What is your reaction to Blessed Mother Teresa’s quote, “When you look at the Crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host, you understand how much Jesus loves you now.”?

RELATED SCRIPTURE PASSAGES:

Jesus Promises His Real Presence:
John 6:4; John 6:35-63

Paul’s Writings:
1 Corinthians 10:16,18;
1 Corinthians 11:23-30

Adoration and Praise:
Isaiah 42:8; Luke 1:46-49;
Philippians 2:8,10; Revelation 5:13

RELATED CATECHISM OF THE CATHOLIC CHURCH REFERENCES:

The Catechism of the Catholic Church breaks down aspects of Eucharistic teaching in paragraphs 1322-1419. These paragraphs are grouped into topics that will allow you to choose what your youth most need to hear.

Eucharistic Adoration:
1379; 1418; 2628

RELATED YOUCAT REFERENCES:

Adoration:
218, 485