



DISCUSSION GUIDE

January 2016



www.vcat.org

RELATED SCRIPTURE PASSAGES:

Putting God First:

Matthew 6:24, 33;
Matthew 22:37;
John 15:5;

Colossians 3:1-4;

Using Time Well:

Psalm 90:12;
Ephesians 5:16;
Colossians 4:5;
James 4:14

RELATED CATECHISM OF THE CATHOLIC CHURCH REFERENCES:

Abiding in God:
2074

RELATED YOUCAT REFERENCES:

426

#STEALINGTIME

SYNOPSIS

We always ask for more hours in a day, but what if the hours we've been given aren't enough because they've been stolen? And what if we're the ones doing the stealing? Explore the possibility that we can take back time by doing one simple, but difficult thing.

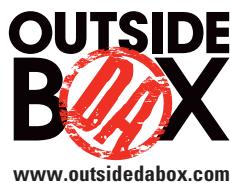
SUGGESTED USES FOR THIS VIDEO

† Use this film as part of an event focused on isolation, distraction, putting God first or a unique approach to the 7th commandment – thou shalt not steal.

QUESTIONS FOR DISCUSSION

1. What is the message of this film?
2. Is social media bad?
3. If you participate in social media, are you doing something wrong?
4. Why is this film called #StealingTime?
5. How many apps do you have on your phone?
6. How many of them do you use during the day?
7. How many of them would you label as critical or indispensable?
8. Cory says that Pope Francis encourages us to be open to letting God encounter us in the little moments of our lives. Why would he focus on "little moments?" What makes them important?
9. Give some examples of little moments.
10. How would limiting your use of social media help you notice the little moments?
11. Cory called his surrender to all things online as a "gradual taking." What does he mean? Can you recognize a gradual taking in your own life?

12. "When I don't take time to think and reflect, I take away every opportunity for God to guide my life." How much time to allow in your day to think and reflect (Doing homework doesn't count! This means stopping and allowing those little moments.)
13. How would your relationship with God grow/change if you dedicated even 5 minutes you usually spend surfing the internet to prayer, reading Scripture, meditating on something about the Lord that is interesting, moving or even confusing to you?
14. What will it take for you to turn off or separate yourself from your devices so that you can "take back" the time that those practices have stolen?



www.outsidedabox.com



www.dwc.org