

# DISCUSSION GUIDE November 2015 www.vcat.org

### **RELATED SCRIPTURE PASSAGES:**

### **Self-Control**:

Proverbs 25:28; Romans 6:12; 1 Corinthians 9:27; 1 Peter 4:7; 1 Peter 5:8; Philippians 4:8

### **Sexual Immorality:**

Ephesians 5:3; Colossians 3:5;1 Corinthians 6:18; 1 Thessalonians 4:3-5; Hebrews 13:4

## RELATED CATECHISM OF THE CATHOLIC CHURCH REFERENCES:

Chastity: 2337-2359

Aids to Self-Mastery: 1803-1811

### **RELATED YOUCAT REFERENCES:**

406-408

# TO DO IT OR NOT TO DO IT

### **SYNOPSIS**

Bob Rice, host of *The Faith Show*, has two special guests, and when it comes to sex, they couldn't be more opposed to each other. See how he handles them and who he calls in for some added help.

### SUGGESTED USES FOR THIS VIDEO

# Use this film as part of a night on chastity, sex and dating, or moral decision-making.

### **QUESTIONS FOR DISCUSSION**

- 1. Don Steven Tinkaboutit may be an exaggeration, but have you known anyone like him?
- 2. Is this what most people think the Catholic church thinks about sex?
- 3. Why is Don's perspective a bad one?
- 4. Do you know anyone like Cupid?
- 5. Why is his perspective a dangerous one?
- 6. Which view do you think is more popular in culture today?
- 7. What comes to mind when you hear the word "chastity"?
- 8. Did you have a different idea of what the word meant before hearing how Jesus explained it?
- 9. How is his explanation different from what you thought?
- 10. Explain "self-mastery". Does it seem like a difficult thing to do?
- 11. How does the world we live in effect our ability to practice self-mastery?
- 12. Is self-mastery something that the world promotes?

- 13. Discuss this quote from Jesus: "There is no sin that is greater than my mercy and there is no wound that my love cannot cure."
- 14. Jesus called sexual sin a sin against one's own body. What does he mean?
- 15. Discuss this quote from Jesus: "Chastity isn't a 'no'; it's a 'yes'.



